



# The wait is finally over...

Prepare to enjoy the best that science and nature have to offer with the arrival of Joyce Blok's new Super Serum...

Working extensively with one of Australasia's foremost cosmetic chemists, the geniuses at Joyce Blok have developed this innovative Super Serum to provide continuous protection, nourishment and hydration.

**The Super Serum (RRP \$145) is enriched with next-generation peptides, antioxidants and moisture boosting compounds to help reverse the effects of environmental damage and enhance the appearance of your skin. This paraben-free serum acts to**

**repair, re-densify and rejuvenate, working to firm and smooth the face, neck and décolleté areas to reveal a more radiant, glowing complexion.**

Available in salon now, we have also included this high-performance Super Serum into a new, limited-time Super Serum Express Facial (30min, \$65) for busy people looking for a fast and convenient beauty solution - call us today to book.

the  
skinny by  
miss  
more

## tips

Amp up your moisturising. If your skin is lacking oil and feeling dry you need more surface protection and nourishment. Ingredients like Shea Butter and Jojoba Oil help to keep the skin's protective barrier intact and functioning. Try DECLÉOR's Hydra Floral 'Flower Nectar' Moisturising Cream (RRP \$113), along with their Aromessence™ Lip Balm (RRP \$47).

And don't forget that your skin care routine shouldn't finish at your chin. A specialist neck cream will help to protect the vulnerable neck and décolleté area from ageing while improving suppleness and elasticity. The Joyce Blok Neck Cream (RRP \$57) is fantastic.

## goss

We have three new therapists that we'd love to introduce. Please join us in welcoming Leanne (Albany Day Spa), Dianna (Howick Day Spa) and Jacki (Ponsonby Urban Spa) to the team.

Sunday best... from 1st October, all of our day spas and salons will be open on a Sunday. That means you can visit your favourite beauty spot seven days a week.

NZ style bible, Fashion Quarterly Occasions has recommended the Joyce Blok Super Serum as one of the best beauty products for the season - especially for brides-to-be!

## stuff

If you are heading away somewhere warm and tropical this winter, don't forget to take a great sunscreen along with you. DECLÉOR's Protective Anti-Wrinkle Cream SPF50 (RRP \$72) is the perfect travel companion. It not only provides a high level of defence against UV rays, but also offers a powerful free-radical action to shield cells from the photo-ageing effects of the sun.



# 7 secret weapons

FOR THE WINTER SEASON

Discover beautiful skin from the inside out this winter with the power of antioxidants. Super-foods such as blueberries are a great way to nourish your complexion and enhance the efficacy of your home-care products.

1. Power play... as the ultimate power couple, try Joyce Blok Gentle Facial Exfoliant and Vitamin Cream Mask, combo price \$89 2. Winter wisdom... for the perfect way to lock in moisture, apply DECLÉOR Relax Intense Balm after your evening shower, 125ml, special price of \$85 usually \$123! 3. The eyes have it! Joyce Blok Eye Contour Gel is a great way to hydrate and refresh, and can be applied over makeup to energise tired eyes, 15ml, \$42 4. WRAPtured... an Aroma Relax Body Wrap is a perfectly delightful pick-me-up for dry skin, 60min, \$135 5. A winter romance... harsh weather can sensitise skin so treat yourself to the gentle, calming care of DECLÉOR Aromessence™ Rose D'Orient Soothing Serum, 15ml, \$113 6. Close shave! Irritation and razor burn will be a thing of the past with DECLÉOR Smooth Shave Foam, 200ml, \$46 7. Give skin an intensive, revitalising boost with Joyce Blok 10 Day Solution Rejuvenating Concentrates, 5 x 3ml bottles, \$55

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Ponsonby Urban Spa • Ph 361 2231  
100 College Hill  
Manukau Salon • Ph 263 4516  
Gallery Level, Westfield Shopping Town  
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# celebrate

More Than Skin Spa & Beauty  
Winter 2013 Newsletter

It's our 20th  
birthday issue

Dancing in the rain

The key to ageing  
effortlessly

Water, water  
everywhere  
- our hydrating  
Super Serum

Let's hear it  
for the boys

There is a lot to love about winter; there's amazing skiing, warming dinners with friends and family, or tropical trips to exotic islands to plan. Plus, we can always find an abundance of parties and mid-year festivities to enjoy as we celebrate all that the chilly season has to offer.

We have our own reasons to make merry at More Than Skin with two important milestone events. The first is our own 20th birthday which is incredibly exciting for us. And the second is the 40th anniversary of our favourite Joyce Blok Professional Skin Care brand which began back in the disco-era of 1973 and is still going strong today. So please join us to celebrate this very special time of year...

more  
than  
skin  
spa & beauty





we're celebrating our

20<sup>th</sup>  
birthday

Happy birthday to us! To help celebrate the 20th anniversary of More Than Skin Spa & Beauty we have an aromatic birthday gift exclusively for you, beginning the 9th August.

**With every one hour treatment you enjoy, you will receive our bespoke celebration candle infused with Manuka Honey as a warming winter treat.\***

We also have a special birthday party planned and invite you to join us to commemorate this important event.

**Held at our Albany Day Spa on Sunday 11th August (between 12pm and 2pm)** there will be guest speakers and special announcements, along with some familiar faces from the past. Plus, we'll also have a fabulous door prize to be won, and of course, bubbles and cake!

So please mark the date in your calendar - it promises to be a gorgeous day and we'd love to see you there.

\* while stocks last.



**From the age of 50, your skin is likely to lose volume and density as collagen and hormone production slows...**

**The first expression lines tend to appear in your 30s as the skin's elasticity will start to change...**

• The moisturiser you used throughout your 20s may not be rich enough for thirty-something skin, so think wrinkle prevention and upgrade to a product with additional hydration factors such as DECLÉOR's Expression De L'Âge Radiance Smoothing Cream (RRP \$154).

• Once again, the best thing you can do for your skin is to ensure it is fully hydrated. Sebum production usually slows down by the time you reach your fifties, so regular moisturising is key. Choose something that's rich and nourishing. We recommend DECLÉOR's Excellence De L'Âge range, especially the Sublime Regenerating Cream (RRP \$200).

• Exfoliation is as important as ever to rid the complexion of skin-dulling dead cells and a good eye cream or serum can help to keep fine lines and dark circles at bay. We love the renewing benefits of Joyce Blok's Alpha-Beta Facial Exfoliant (RRP \$48) for the winter months.

**In your 40s, firmness and tone tend to diminish as the underlying structure of the skin begins to weaken...**

• Nourishing masks and serums will also help to keep your complexion looking healthy and hydrated. Joyce Blok's new Super Serum (RRP \$145) is an excellent option, while their Collagen & Elastin 10-Day Solution (RRP \$55) provides an intensive, replenishing boost. A night cream can also work wonders on dry skin as you sleep - DECLÉOR's Regenerating Night Balm (RRP \$200) or Joyce Blok's Anti-Ageing Night Cream (RRP \$85) are both great choices

## FOR YOUR GUY

If you're starting to get a little tired of your man always 'borrowing' your beauty products, now is the time to introduce him to the wonderful world of men's skin care.

The Joyce Blok JB Man range has been specially engineered for the precise skin care needs of men, who typically have thicker, oilier skin than women. This straightforward two-step system contains a Daily Cleansing Scrub and Moisturiser, designed expressly to appeal to the male mindset.

We also have the DECLÉOR Men Essentials range to hand, with six comprehensive products featuring pre-shave treatments, scrubs, skin energisers and shaving foams. Everything he needs for a smooth, clear and healthy complexion.

**Plus, with Father's Day just around the corner, we have a number of male-friendly services available as gift vouchers. Be it a massage, executive facial or man-icure, these treatments are certain to be a big hit.**

Available in-salon and online - Daily Cleansing Scrub (RRP \$46) Daily Moisturiser (RRP \$46)



## Eternal

- our anti-ageing facial

**Enjoy a Joyce Blok 'Eternal' facial and you can purchase an Anti-Ageing Night Cream for half price (a saving of \$42.50!)**

This professional treatment and home-care combo has been specially developed to renew and energise the look of your skin for a smooth, youthful finish...

Available throughout August 2013 or while stocks last.

## Body Focus

*Life isn't about waiting for the storms to pass; it's about learning to dance in the rain...*

**But more than just an excuse to bop around the living room, dancing is also a great way to sneak in a cardiovascular workout while toning and firming your body. And it lifts both your spirits and your mood. Vanessa Shepherdson, our Ponsonby Spa Manager agrees. After studying ballet and jazz for nearly 10 years, her advice is to "dance like nobody's watching - it's good for your soul."**

While we can't all aspire to the lofty heights of the Royal New Zealand Ballet and their upcoming Swan Lake season, we can sign up for salsa lessons, or learn the tango, or even jump on the Zumba bandwagon. You'll vary your exercise routine, discover new skills and have a lot of fun in the process. Holistic Nutrition Specialist and person we admire, Dr Libby believes that dancing to Latin rhythms is a great way to enliven the duller winter night, while also helping to relieve stress and boost your immunity. So why not give it a go and discover your inner artiste?

*"Dance like nobody's watching"*

Adventures to foreign locations are always fabulous, but the journey to get there can often leave the skin dehydrated and devitalised. With many lucky holiday-makers heading away for a mid-winter escape, the best thing you can do beforehand is to enjoy a nourishing Body Wrap.

And for those of you who don't currently have travel plans on the horizon, this nourishing treatment is your ticket to a replenishing winter getaway.

As one of our devoted clients remarked "I battle traffic for 40 minutes to spend an hour at More Than Skin, but when I emerge it's like I have been on a week's holiday."

**Ask your therapist about our August Body Wrap promotion!**

